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Introduction

In this paper, I will argue that Martin Luther King
the truth through rethinking, reframing, and redirect

addressing conflicts is by seeking

wanted both groups to depend on each other, King reframed the conflict from equal rights for blacks to the war on poverty. King understood that he could not focus solely on one group, but rather he needed a bigger problem to bring both sides together. King decided to focus on the war

way a conflict will truly be solved. Gandhi would also agree with King because he too claims that fighting, if it is nonviolent, is never demoralizing. Fighting with nonviolence is a way to bring about a solution so that both sides can equally win in a conflict.

King called on people to fight back in a nonviolent way, but he also held himself to the same standard. To be productive and to actually work, King had to not only preach what he believed in but actually practice it too. King truly believed that nonviolence is the way to fight back and solve conflicts; he also demonstrated this many times when faced with controversy. In the Vietnam War, he was arrested for protesting against the war. He was also faced with real life conflicts that many people would not have the strength to not retaliate or respond to. For example, during the Birmingham Civil Rights Movement, he was arrested and thrown in jail. He was also thrown bricks and stones during the march. The question to ask is how many people would have the strength to not retaliate or respond to such violence.

it shows that not everything we see we should believe. Instead of making judgments based on what other people say, we as individuals should take the time out to understand the situation for ourselves. Even when we talked about criminals and the view people have on them it made me rethink popular opinion. Many people think criminals, especially murders are evil people and that they should not be forgiven for their crimes. After discussing being a good neighbor and forgiveness, I began to understand that not one person is all evil or all good. The same should be applied to criminals and they should be given a fair chance to tell their story. This part of the class even inspired me and reassured me in what type of career I want to pursue. I would like to work with criminals, especially murders, and try to understand why they commit evil acts. I would like to give these people a fair chance to tell their stories and not just outcast them because public opinion says to. After taking this class, I have taken a step back and tried to view conflicts differently. I have also realized that it is not only the words we speak but also the actions we show that make a difference.

My opinion on

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approach cannot only be used for issues on poverty and

many conflicts that people are faced with everyday. After studying King and watching videos, it has also made me realize the commitment and energy it take ay was never easy nor a quick way to solve a conflict, rather his approach has many steps and is very hard for people to accomp ay, it made me understand that sometimes we look for the easy and quick solutions. The easy and quick solutions, such as violence, are not always the right choice. Instead we need to step back and try to understand things we fear and people we This is what King wanted from us, to have an open mind to different

nonviolence, but the essential steps to solving the conflict come from redirecting, re1 Tm8]TJETBT1 0 0 1 1600030